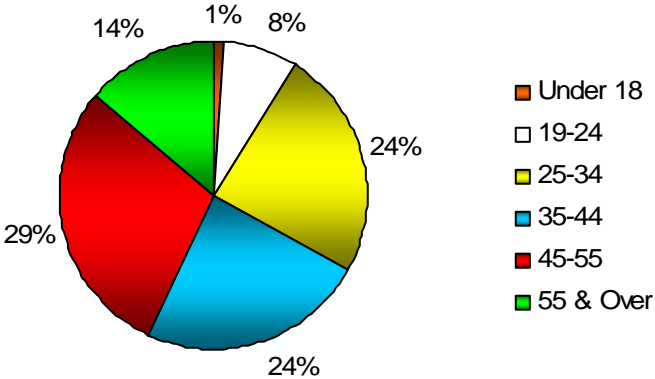


# 2006 Central Oklahoma Bike to Work Day Survey RESULTS

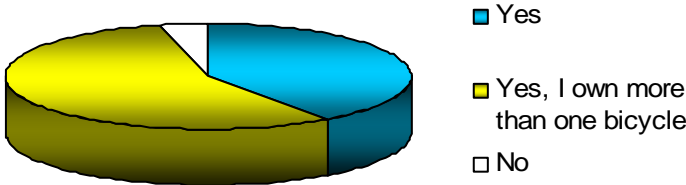
This is an unscientific survey conducted by the Association of Central Oklahoma Governments. Please direct all questions to Lisa Kehoe at [lkehoe@acogok.org](mailto:lkehoe@acogok.org) or 405-234-2264.

Survey Duration: 4/6/2006 – 5/20/2006  
336 Survey Responses  
(Incomplete responses were deleted.)

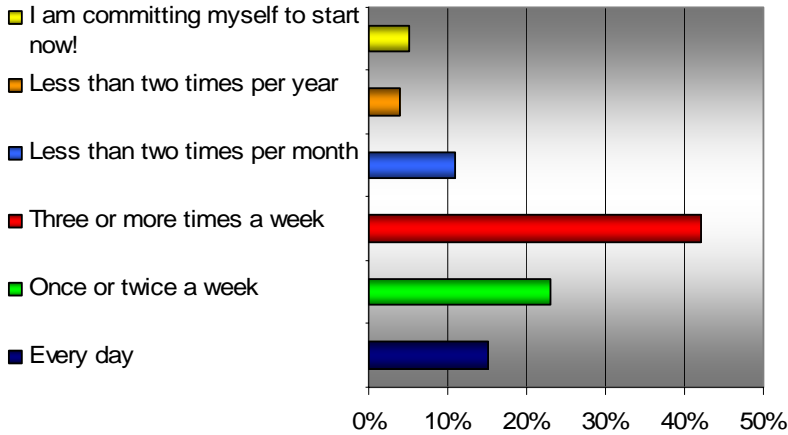
### Age



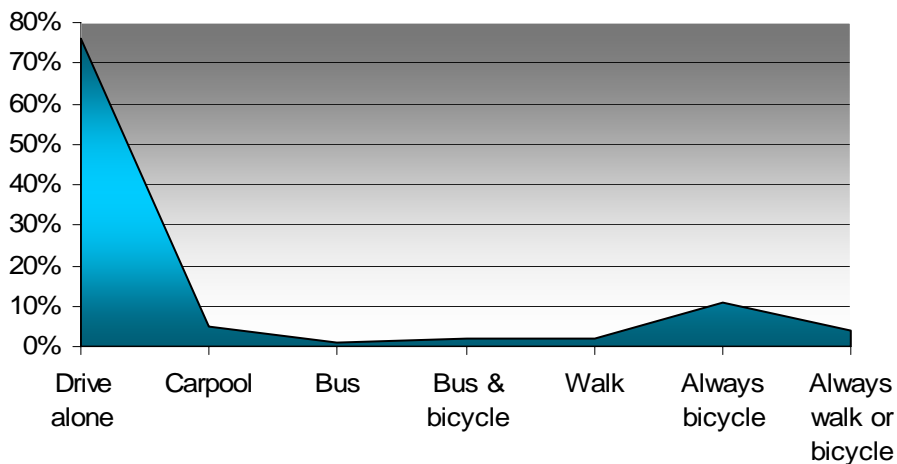
### Do you own a bicycle or plan to purchase one?



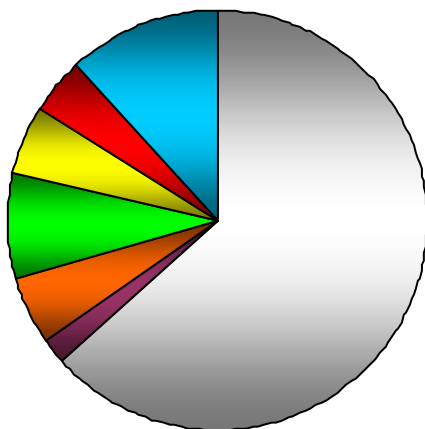
### How often do you ride a bicycle?



### What is your primary transportation mode to work or school?

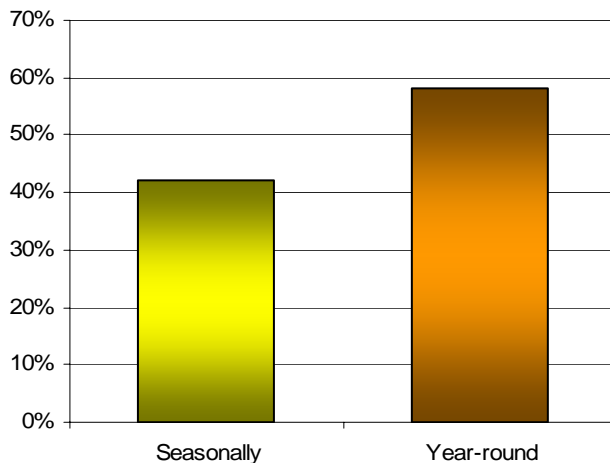


### Does your employer offer incentives to promote healthy lifestyles or to use alternative forms of transportation?



- No
- Tax free bus ticket incentive
- Medical insurance premium discounts
- Flex-time allowed for exercise
- Provide healthy food choices in the workplace
- Contest/ Challenge among employees
- Other, please specify

### Do you only ride seasonally or year-round?



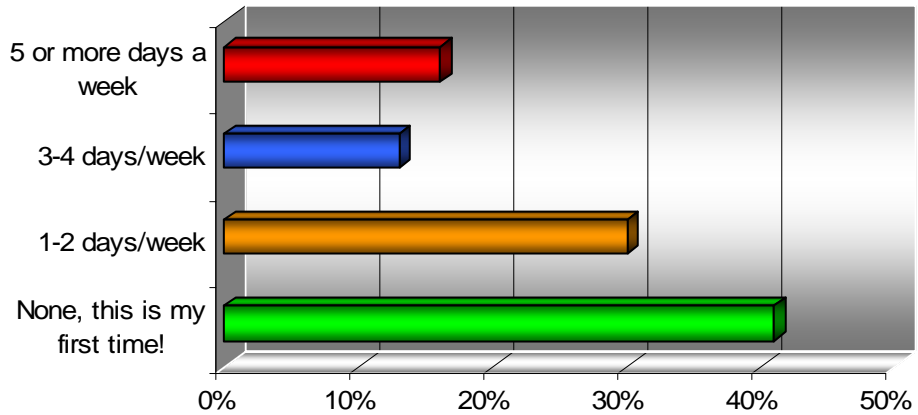
**Have you commuted to work by bicycle or do you plan to?**

**Yes – 65% responses**

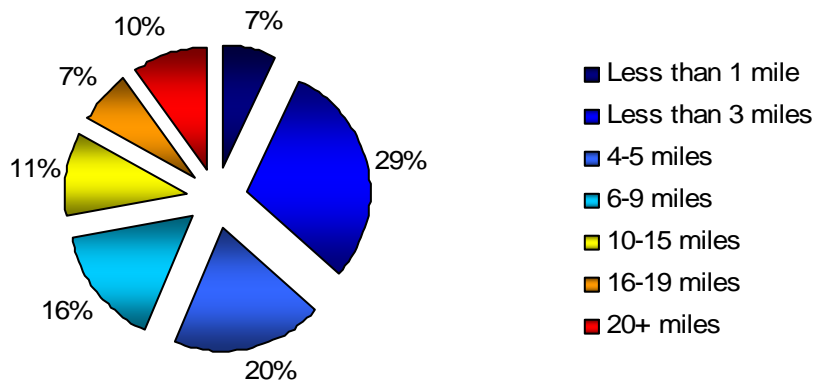
**No – 35% responses**

214 of 336 responses for the following two questions

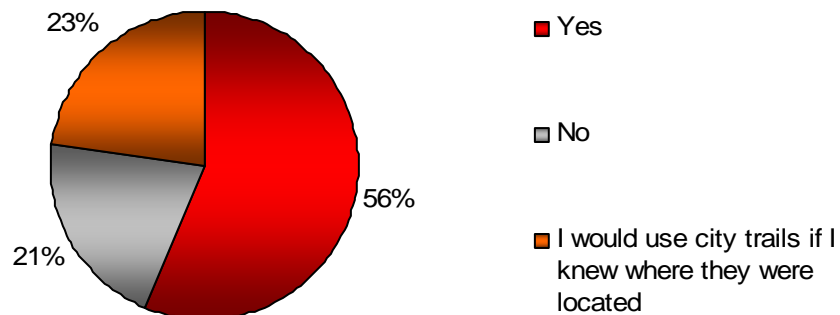
**How many days per week do you commute to work or school by bicycle?**



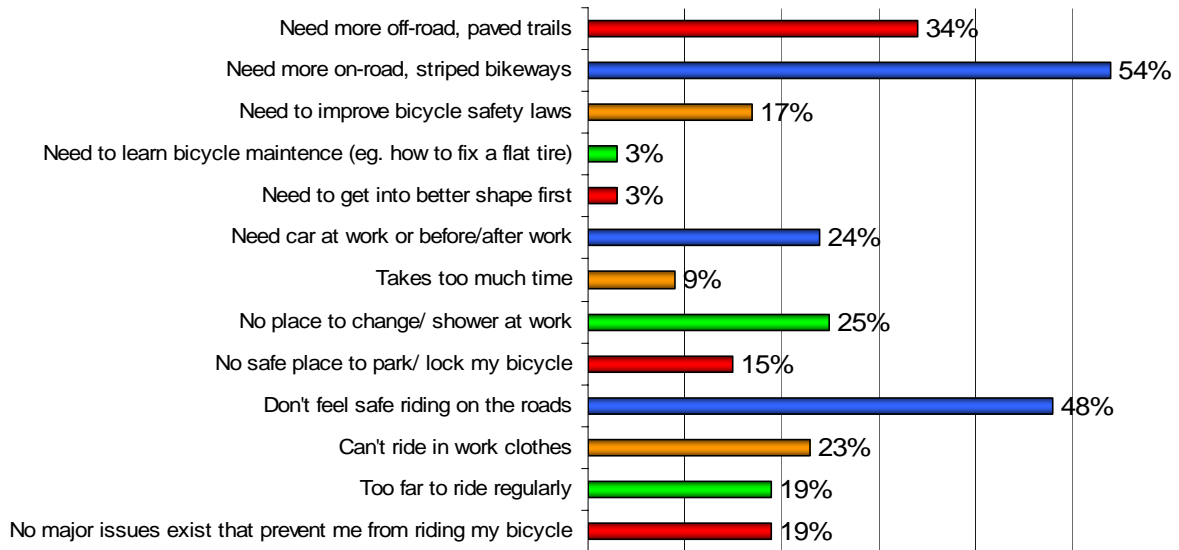
**What is your commute distance – one-way?**  
**56% of 336 responses live less than 5 miles to work.**



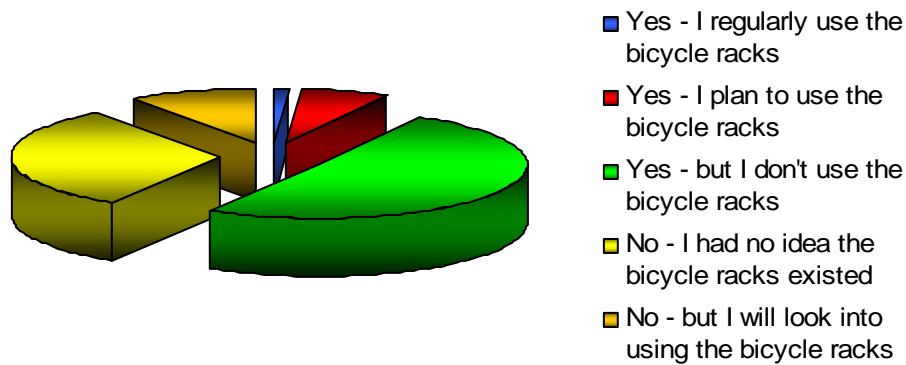
**Do you ride your bicycle on city trails?**



**What keeps you from commuting to work/ school or recreational bicycling?**



**Are you aware that METRO Transit buses in Oklahoma City, Midwest City, Edmond and Norman have bicycle racks?**



**Do you pledge to ride your bicycle to work or school on May 19, 2006?**

