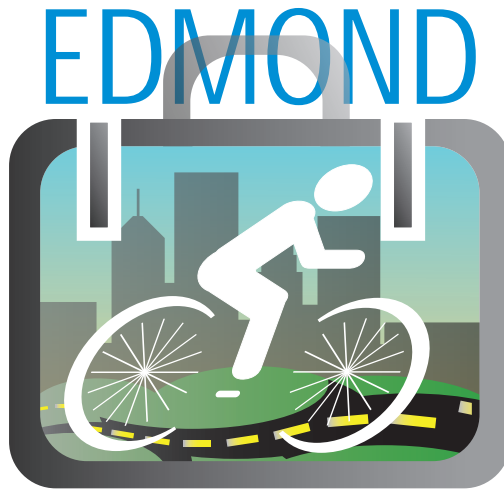
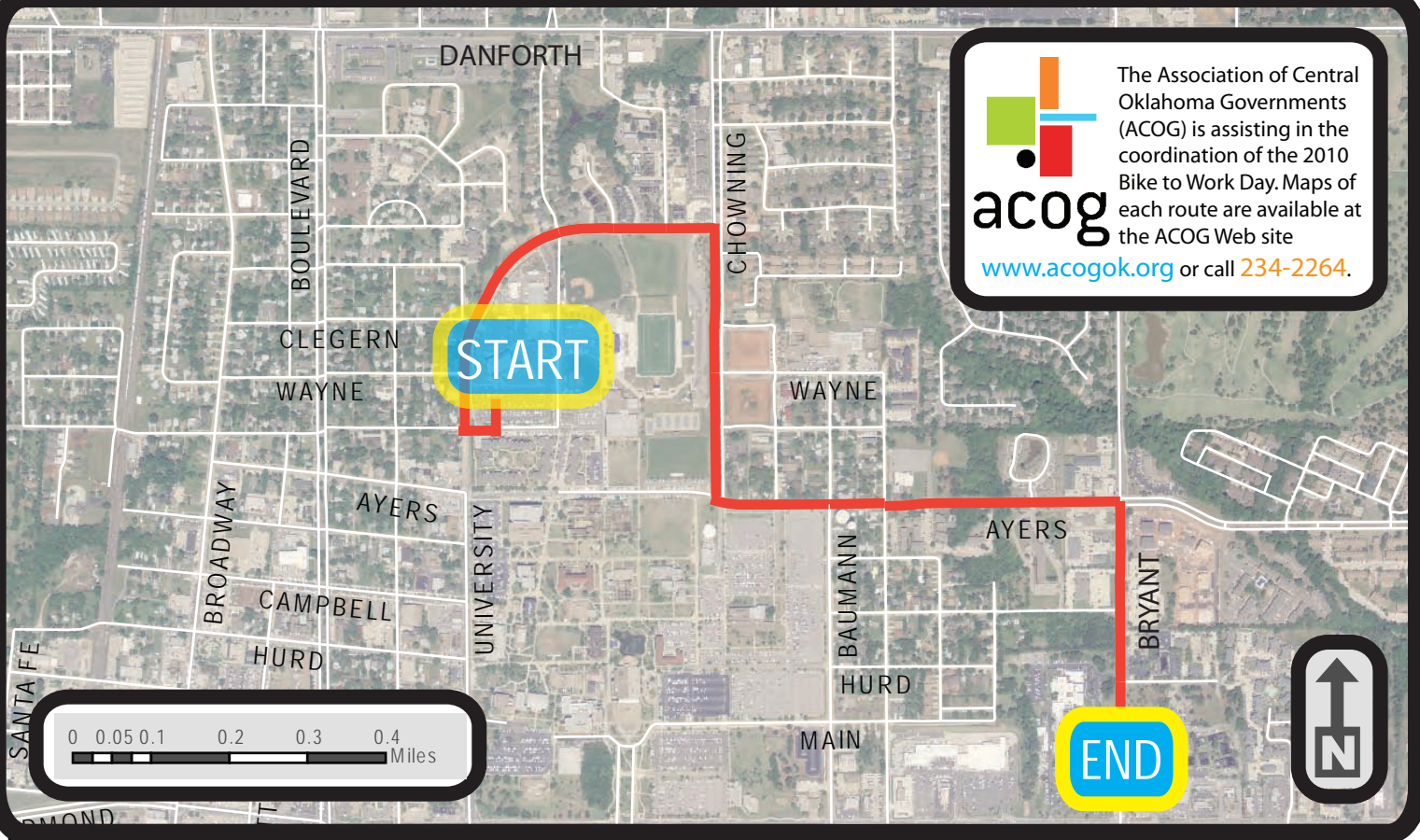


CENTRAL
**BIKE TO
WORK**



OKLAHOMA
**MAY 21
2010**



The Association of Central Oklahoma Governments (ACOG) is assisting in the coordination of the 2010 Bike to Work Day. Maps of each route are available at the ACOG Web site www.acogok.org or call 234-2264.

WAYS TO PARTICIPATE:

Ride your bike to work.

OR

Join the 8:00 AM "group ride" that leaves from the University of Central Oklahoma's Wellness Center.

Bike to OU Medical Center Edmond to meet fellow cyclists and local dignitaries at 8:30 AM.

