



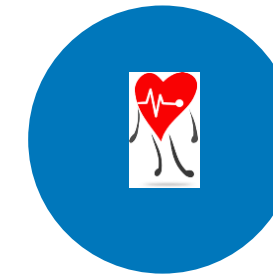
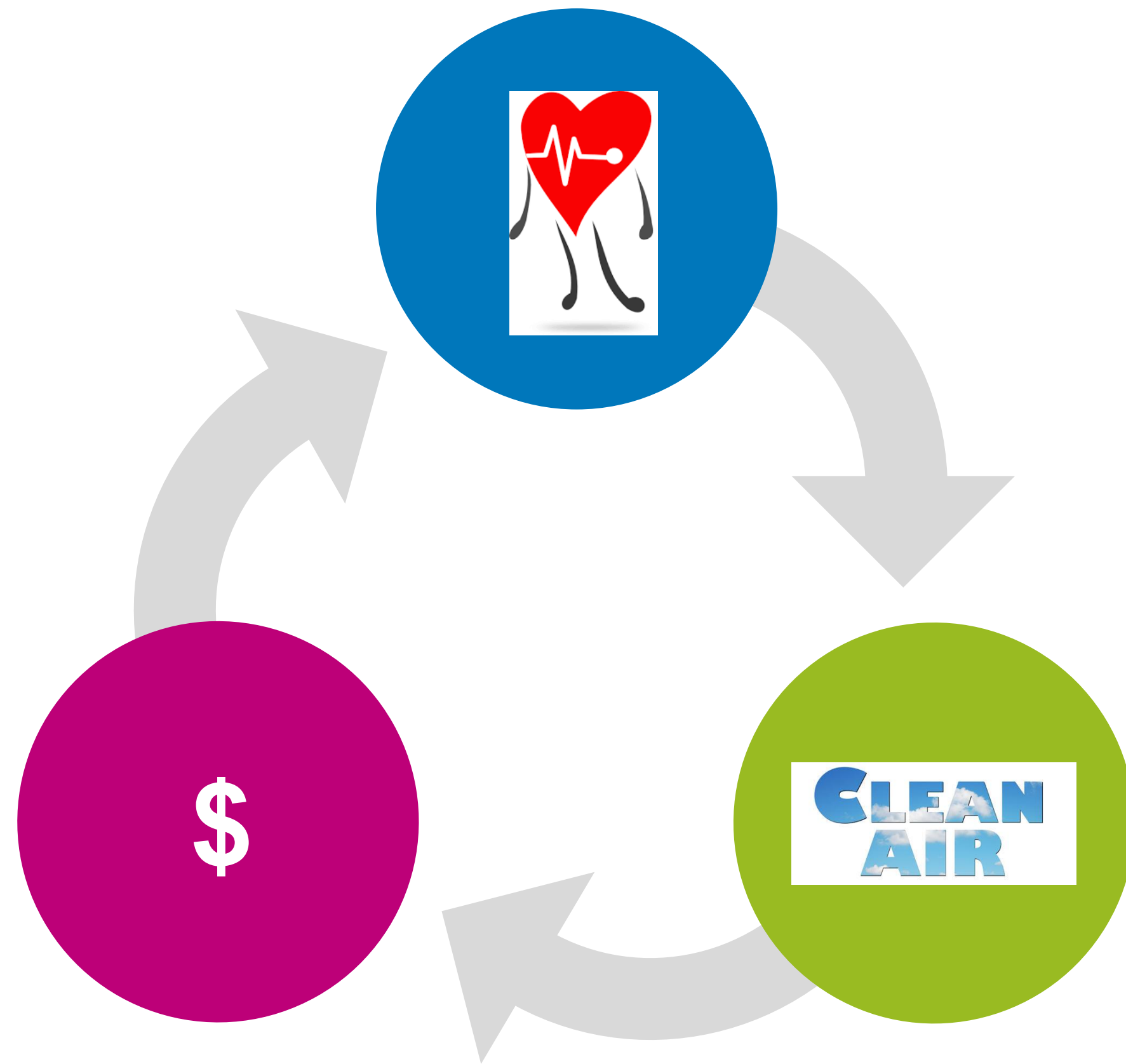
Roll With Central Oklahoma



Bike To Work Day is May 20



Why Celebrate Bike Month?



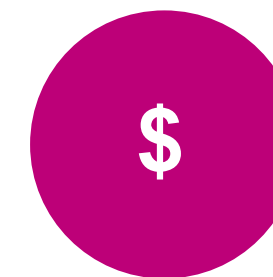
Biking is Healthy

Integrate physical activity into your day..



Biking is Green

Reduces air pollution.



Biking saves Money

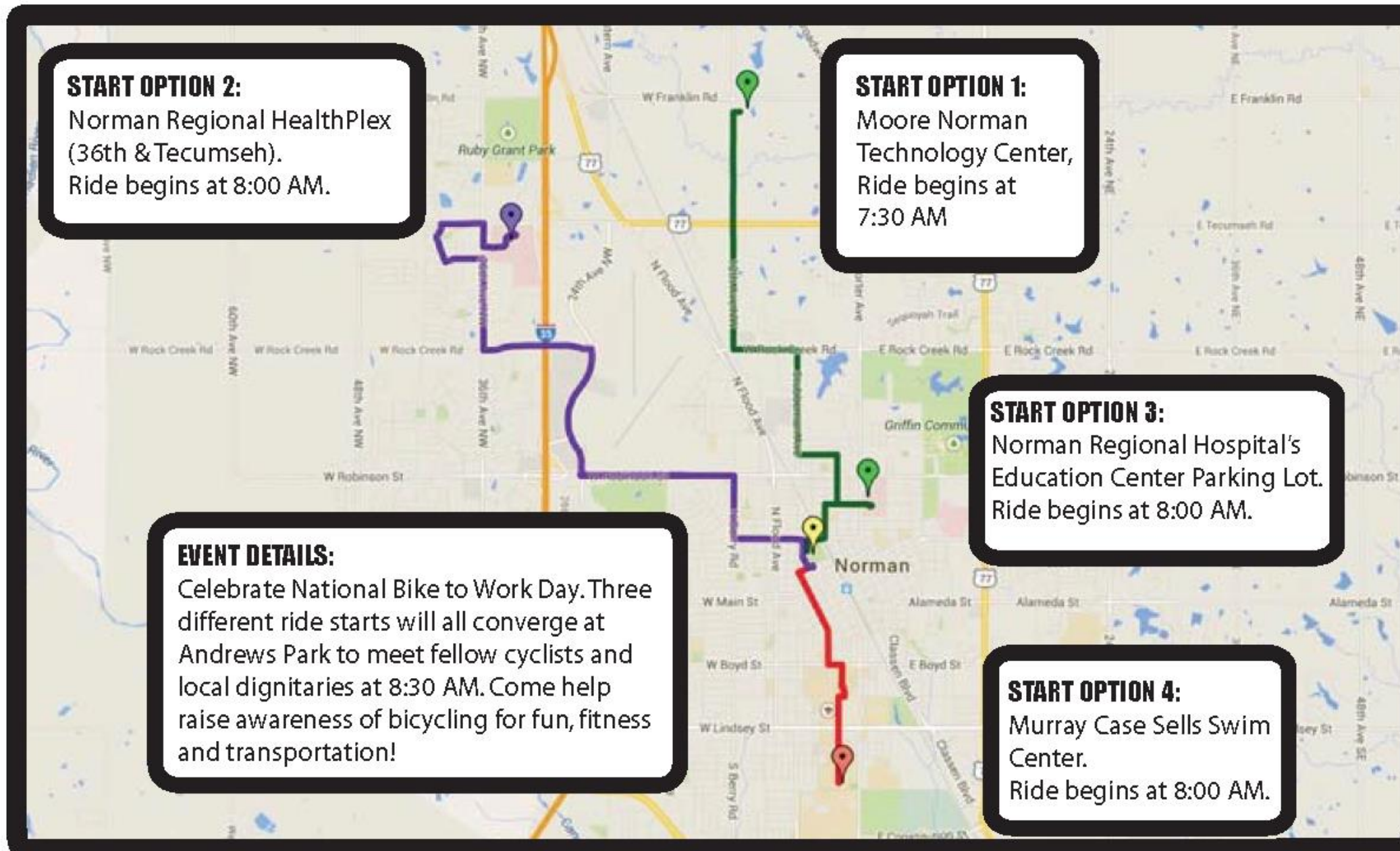
Parking costs, fuel, and congestion.



NORMAN

CENTRAL OKLAHOMA

MAY 15 2015



OTHER WAYS TO PARTICIPATE:

Ride your bike to work.

or

Check the bikedayok.com website for
other opportunities to ride throughout
Bike Month.

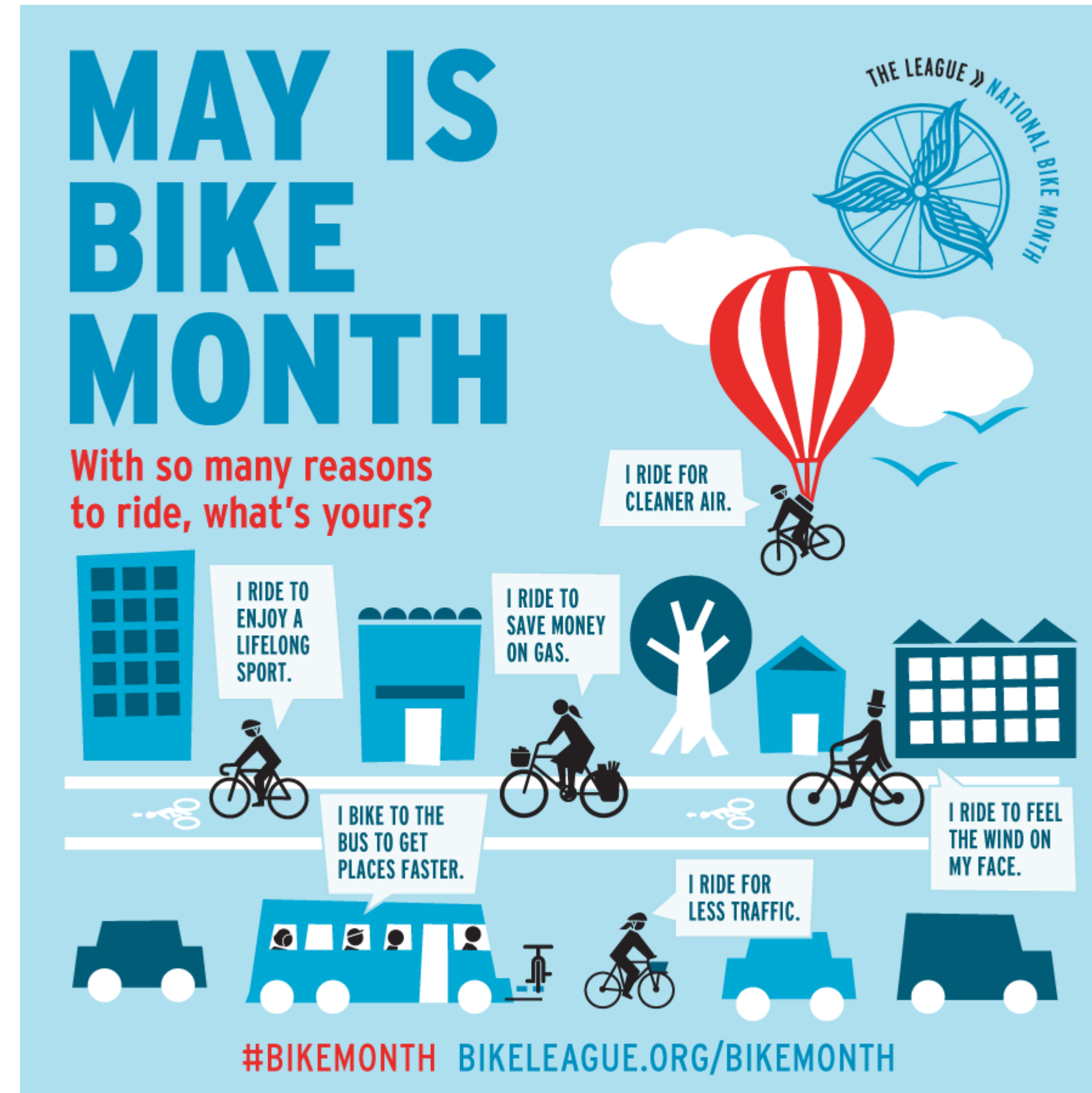


The Association of Central Oklahoma Govern-
ments assists in the coordination of Bike to
Work Day events. For additional information,
visit BikeDayOK.com or call (405) 234-2264.

EVENT PARTNERS:



Why Celebrate Bike Month?



Bike Month Activities



**Bike Maintenance
Event**



Group Ride



Bike to Work Event



Community Bike Event



**Bike Safety
Event**

Bike to School – May 4



RECEIVE FOLDER VIEW

New Skype Meeting Today Next 7 Days Day Work Week Week Month Schedule View Open Calendar Groups E-mail Share Publish Calendar Address Book

May 2016 Oklahoma City, Oklahoma Today 71°F/42°F Tomorrow 70°F/43°F Thursday 64°F/43°F Search John Sharp - Calendar (Ctrl+E)

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|---|---|---|------------------------|---|
| May 1 | 2 | 3 | 4 | 5 | 6 | 7 Edmond Family Bike Ride, 8:30 AM at Mitch Park |
| 8 | 9 | 10 6:00pm Chain Reaction Bike Repair Day | 11 | 12 Edmond Bike- Ped counting project, 5-7 PM | 13 | 14 Edmond Bike-Ped counting project, 10am - noon |
| 15 | 16 | 17 | 18 Flat Tire Repair Clinic, 6:00 PM at Al's Bicycles-Edmond Ride of Silence, 7:00 PM leaving from Al's Bicycles -Edmond | 19 | 20 Bike to Work Day | 21 Heard on Hurd - 6-10 PM in downtown Edmond |
| 22 | 23 8:00pm Myriad Gardens - Full Moon Ride | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | Jun 1 | 2 | 3 | 4 |

People Tasks ...

ONLINE 100%

Bingo



BIKE MONTH

BINGO

| | | | | |
|--|---|--|---------------------------------|-----------------------------|
| Logged my miles in the National Bike Challenge | Biked in the rain | Rode someplace I'd never ridden before | Said hello to another bicyclist | Added air to tires |
| Biked at least 10 miles in one day | Encouraged a friend to start riding | Rode to school or work | Rode to the grocery store | Rode to a community meeting |
| Joined a group ride | Participated in a special Bike Month event! | | Rode to a date | Rode with kids |
| Rode on a trail | Rode on a velodrome | Rode farther than I ever have before | Changed a bike tire | Went mountain biking |
| Visited bikeleague.org | Tweeted about biking | Lubed my chain | Visited my local bike shop | I'm a member of the League |



Questions?

John Sharp

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405-234-2264