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FOUNDER OF OKLAHOMA'S BIKE TO WORK PROGRAM

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TIPS FOR CYCLISTS

Traffic laws apply to persons riding bicycles. This means that the cyclist has the same rights and responsibilities as a motor vehicle driver, except when specifically stated otherwise or if those provisions have no application to a bicycle. (Title 47 § 11-1202)

Bicyclists must obey all traffic control devices and signs. As a vehicle, a cyclist must stop at a stop sign and wait at a red traffic light.

- Oklahoma does not have an 'Idaho Stop' law, which permits cyclists to treat stop signs as yield signs and stop lights as stop signs.
 (Title 47 § 11-201)
- Signal your intention to turn, slow down, or stop. When turning, must signal continuously for at least 100 feet before the turn as well as when you are stopped, unless the use of your hand is needed to control the bicycle. (Title 47 \$ 11-606)
- Ride as close to the right-hand curb or edge of the road as is safely possible, unless overtaking, preparing to turn left, riding in a rightturn-only lane, or when reasonably necessary to avoid objects in the road. (Title 47 § 11-1205)





LEFT TURN

STOP





RIGHT TURN

HELMETS

- Protect your noggin! Always wear a helmet, especially if you intend to ride on the side of the road.
- Look for helmets that are approved and have a SNELL, ASTM, or SEI sticker. If you are concerned about the perceived cost of purchasing a helmet, think of it this way: a visit to the emergency room could cost more than 10 times the price of a single helmet.
- Helmets have a limited life. If you have crashed or dropped the helmet, resulting in cracked foam, it is time to replace it.

NIGHT RIDING

- When riding at night, be sure your bike is equipped with a headlamp and rear red reflector, at minimum.
- While no longer required by state law, lights may be required by your local city ordinances.
- It's also a good idea to wear bright colors and reflective gear.

CROSSING AT CROSSWALKS

 If you are not comfortable riding on the road and ride on the sidewalk, or are on a multiuse path, and need to cross the street, you should dismount and walk across the crosswalk. Remount on the other side and continue.



CONSIDERATIONS FOR DRIVERS

When a driver overtakes a bicycle traveling in the same direction, leave at least three feet between you and the cyclist.

- Failure to comply with this law that results in serious physical injury of the cyclist due to collision, subjects the driver to a maximum fine of \$500.00.
- Should a collision result in the death of the cyclist, the driver is subject to a maximum of \$1,000.00, in addition to other penalties prescribed by law. (Title 47 § 11-1208)

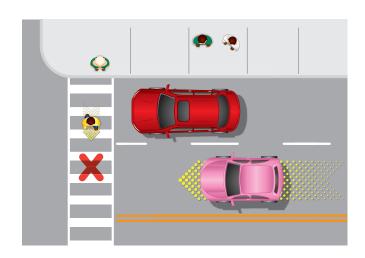
Do NOT throw or drop anything on any other moving vehicle, bicycle or otherwise. This is a felony and offenders can be charged with up to 10 years in jail or a \$10,000 fine. (Title 47 \$ 11-1111)

If a driver parks on the side of the road, check for cyclists before opening the door. 'Dooring' can cause not only property damage, but can also seriously hurt the person riding the bike.

Yield to cyclists at intersections, especially if the driver is making a right turn while the cyclist is going straight.

The driver of a vehicle shall yield to a pedestrian crossing the road within a crosswalk by slowing down or coming to a complete stop. (Title 47 § 11-502)

 Be sure to stop several feet back, especially on roads with more than one lane going in either direction. This will allow the pedestrian to be seen by vehicles traveling in other lanes that are traveling in the same direction.



WANT MORE INFORMATION?

Go to ACOG's blog post Ride the City for more! www.acogok.org/ride-the-city/

BIKE TO WORK

Check out these links to stay up to date on Bike to Walk Day events in Central Oklahoma.

- Acog.org/BikeDay
- Facebook.com/BikeCerntralOklahoma

